

HEALTH SCIENCES

HUMAN SERVICES TECHNOLOGY

The Human Services Technology curriculum prepares students for entry-level positions in institutions and agencies that provide social, community, and educational services. Along with core courses, students take courses that prepare them for specialization in specific human service areas.

Students will take courses from a variety of disciplines. Emphasis in core courses is placed on development of relevant knowledge, skills, and attitudes in human services. Fieldwork experience will provide opportunities for application of knowledge and skills learned in the classroom.

Graduates should qualify for positions in mental health, child care, family services, social services, rehabilitation, correction, and educational agencies. Former graduates have successfully transferred into select 4-year colleges and universities.

Students may choose to complete more than one degree/concentration. Each degree requires a separate work-based learning experience.

Human Services Technology Degree - A45380

-Day, Evening

First Fall Semester

ENG 111	Writing and Inquiry	3
HSE 110	Introduction to Human Services	3
HSE 135	Orientation Lab I	1
HSE 112	Group Process I	2
PSY 150	General Psychology	3
SAB 110	Substance Abuse Overview	3

First Spring Semester

PSY 241	Developmental Psychology	3
ENG 114	Prof Research and Reporting	3
HSE 125	Counseling	3
HSE 210	Human Services Issues	2
HSE 123	Interviewing Techniques	3

First Summer Term

PHI 240	Introduction to Ethics	3
	OR	
HUM 115	Critical Thinking	3
CIS 111	Basic PC Literacy	2
SOC 213	Sociology of the Family	3
	OR	
SOC 210	Introduction to Sociology	3

Second Fall Semester

MAT 110	Math Measurement & Literacy	3
GRO 120	Gerontology	3
	❖Major Elective	3
HSE 225	Crisis Intervention	3
HSE 245	Stress Management	3

Second Spring Semester

WBL 111	Work-Based Learning I*	1
WBL 115	Work-Based Learning Seminar I*	1
HSE 127	Conflict Resolution	3
SWK 113	Working with Diversity	3
HSE 220	Case Management	3
PSY 281	Abnormal Psychology	3

❖Major Electives

Select 3 hours from the following courses

HSE 145	Child Abuse and Neglect	3
HSE 251	Activities Planning	3
SWK 110	Introduction to Social Work	3

Graduation Requirements 66 Credit Hours

WBL 111 & WBL 115 - * The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL experience is specifically related to general human services.

HUMAN SERVICES TECHNOLOGY / MENTAL HEALTH

The Human Services Technology/Mental Health concentration prepares students for job opportunities in the mental health field. The curriculum enables students to understand culturally and emotionally handicapped, developmentally disabled, or addicted clients through a variety of models and diagnoses.

Course work includes a history of the mental health movement, current developments and future trends, and theoretical models affecting individual development and behavior in a diverse client population. Fieldwork experiences provide opportunities for application of knowledge in agency and institutional settings.

Graduates should qualify for employment in mental health treatment centers serving a diverse multicultural client population in public and private settings. Graduates will work with individuals, families, groups, organizations, and communities in providing a therapeutic arena of care.

Human Services Technology / Mental Health – A4538C

-Day, Evening

First Fall Semester

ENG 111	Writing and Inquiry	3
HSE 112	Group Process I	2
HSE 110	Intro to Human Services	3
HSE 135	Orientation Lab I	1
PSY 150	General Psychology	3
SAB 110	Substance Abuse Overview	3

First Spring Semester

ENG 114	Prof Research & Reporting	3
HSE 123	Interviewing Techniques	3
HSE 125	Counseling	3
PSY 281	Abnormal Psychology	3
MHA 150	Mental Health Systems	3

First Summer Term

PHI 240	Introduction to Ethics	3
	OR	
HUM 115	Critical Thinking	3
CIS 111	Basic PC Literacy	2
SOC 213	Sociology of the Family	3
	OR	
SOC 210	Introduction to Sociology	3

Second Fall Semester

MAT 110	Math Measurement & Literacy	3
MHA 155	Psychological Assessment	3
HSE 225	Crisis Intervention	3
HSE 226	Intellectual Disabilities	3
PSY 265	Behavioral Modification	3

Second Spring Semester

WBL 111	Work-Based Learning*	1
WBL 115	Work-Based Learning Seminar I*	1
SWK 113	Working with Diversity	3
PSY 241	Developmental Psych	3
HSE 210	Human Services Issues	2
HSE 220	Case Management	3

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MHA 240 Advocacy..... 2

Graduation Requirements 68 Credit Hours

WBL 111 & WBL 115 - * The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL experience is specifically related to Mental Health.

Human Services Technology/Mental Health Certificate – C4538C

Major Electives

HSE 110 Intro to Human Services.....3
 HSE 226 Intellectual Disabilities3
 MHA 155 Psychological Assessment.....3
 PSY 150 General Psychology3
 PSY 265 Behavior Modification.....3
 OR
 HSE 225 Crisis Intervention 3

Graduation Requirements..... 18 Credit Hours

HUMAN SERVICES TECHNOLOGY / SUBSTANCE ABUSE

The Human Services Technology/Substance Abuse concentration prepares students to assist in drug and alcohol counseling, prevention-oriented educational activities, rehabilitation with recovering clients, managing community-based programs, counseling in residential facilities, and pursuit of four-year degrees.

Course work includes classroom and experiential activities oriented toward an overview of chemical dependency, psychological/sociological process, the twelve Core Functions, intervention techniques with individuals in groups, and follow-up activities with recovering clients.

Graduates should qualify for positions as substance abuse counselors, DUI counselors, halfway house workers, residential facility employees, and substance education specialists. With educational and clinical experiences, graduates can obtain certification by the North Carolina Substance Abuse Board.

Human Services Technology / Substance Abuse Degree - A4538E

-Day, Evening

First Fall Semester

HSE 135 Orientation Lab I..... 1
 PSY 150 General Psychology 3
 ENG 111 Writing and Inquiry 3
 HSE 110 Introduction to Human Services 3
 SAB 110 Substance Abuse Overview 3
 HSE 112 Group Process I 2

First Spring Semester

ENG 114 Prof Research and Reporting..... 3
 HSE 125 Counseling 3
 HSE 123 Interviewing Techniques 3
 PSY 241 Developmental Psychology..... 3
 SAB 210 Substance Abuse Counseling..... 3

First Summer Term

PHI 240 Introduction to Ethics..... 3
 OR
 HUM 115 Critical Thinking..... 3
 CIS 111 Basic PC Literacy..... 2
 SOC 213 Sociology of the Family 3
 OR

SOC 210 Introduction to Sociology.....3

Second Fall Semester

MAT 110 Math Measurement & literacy..... 3
 SAB 135 Addictive Process3
 SAB 120 Intake and Assessment3
 HSE 225 Crisis Intervention3
 SAB 240 SAB Issues in Client Services3

Second Spring Semester

SWK 113 Working with Diversity3
 WBL 111 Work-Based Learning I* 1
 WBL 115 Work-Based Learning Seminar I* 1
 SAB 125 SA Case Management3
 HSE 210 Human Services Issues.....2
 SAB 220 Group Techniques/Therapy.....3
 PSY 281 Abnormal Psychology.....3

Graduation Requirements69 Credit Hours

WBL 111 & WBL 115 - * The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL is specifically related to Substance Abuse.

Human Services Technology / Substance Abuse Counseling Certificate - C4538ECO

-Day, Evening

This Certificate is designed for individuals who already hold a bachelor or master's degree in a Human Services related field. The certificate **assists** students in **meeting all the SAB educational requirements** for Certification and/or Licensure for the North Carolina Substance Abuse Professional Practice Board (NCSAPPB).

Students who do not have an Associate's degree, Bachelor or Master's degree in a Human Service related field are not likely to obtain employment as a Substance Abuse Counselor with only the Substance Abuse Certificate.

HSE 112 Group Processes I2
 SAB 120 Intake and Assessment.....3
 SAB 135 Addictive Process3
 SAB 210 Substance Abuse Counseling3
 SAB 220 Group Techniques/Therapy3
 SAB 240 Substance Abuse Issues.....3

Completion Requirements 17 Credit Hours

Human Services Technology / Substance Abuse Intervention Certificate - C4538EI

-Day, Evening

This Certificate is designed for individuals who already hold a bachelor or master's degree in a Human Services related field. The certificate **assists** students in **meeting all the SAB educational requirements** for Certification and/or Licensure for the North Carolina Substance Abuse Professional Practice Board (NCSAPPB).

Students who do not have an Associate's degree, Bachelor or Master's degree in a Human Service related field are not likely to obtain employment as a Substance Abuse Counselor with only the Substance Abuse Certificate.

HSE 112 Group Processes I2
 SAB 120 Intake and Assessment.....3
 SAB 135 Addictive Process3
 SAB 210 Substance Abuse Counseling3

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SAB 240	Substance Abuse Issues	3
WBL 111	Work-Based Learning I*	1
WBL 115	Work-Based Learning Seminar*	1

Graduation Requirements16 Semester Hours

WBL 111 & WBL 115 - * The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes.