

# HEALTH SCIENCES

## HUMAN SERVICES TECHNOLOGY

The Human Services Technology curriculum prepares students for entry-level positions in institutions and agencies that provide social, community, and educational services. Along with core courses, students take courses that prepare them for specialization in specific human service areas.

Students will take courses from a variety of disciplines. Emphasis in core courses is placed on development of relevant knowledge, skills, and attitudes in human services. Fieldwork experience will provide opportunities for application of knowledge and skills learned in the classroom.

Graduates should qualify for positions in mental health, child care, family services, social services, rehabilitation, correction, and educational agencies. Former graduates have successfully transferred into select 4-year colleges and universities.

Students may choose to complete more than one degree/concentration. Each degree requires a separate work-based learning experience.

### Human Services Technology Degree - A45380

-Day, Evening

#### First Fall Semester

ENG 111	Writing and Inquiry	3
HSE 110	Introduction to Human Services	3
HSE 135	Orientation Lab I	1
HSE 112	Group Process I	2
PSY 150	General Psychology	3
SAB 110	Substance Abuse Overview	3

#### First Spring Semester

PSY 241	Developmental Psychology	3
ENG 114	Prof Research and Reporting	3
HSE 125	Counseling	3
HSE 210	Human Services Issues	2
HSE 123	Interviewing Techniques	3

#### First Summer Term

PHI 240	Introduction to Ethics	3
	OR	
HUM 115	Critical Thinking	3
CIS 111	Basic PC Literacy	2
SOC 213	Sociology of the Family	3
	OR	
SOC 210	Introduction to Sociology	3

#### Second Fall Semester

MAT 110	Math Measurement & Literacy	3
GRO 120	Gerontology	3
	❖Major Elective	3
HSE 225	Crisis Intervention	3
HSE 245	Stress Management	3

#### Second Spring Semester

WBL 111	Work-Based Learning I*	1
WBL 115	Work-Based Learning Seminar I*	1
HSE 127	Conflict Resolution	3
SWK 113	Working with Diversity	3
HSE 220	Case Management	3
PSY 281	Abnormal Psychology	3

#### ❖Major Electives

Select 3 hours from the following courses

HSE 145	Child Abuse and Neglect	3
HSE 251	Activities Planning	3
SWK 110	Introduction to Social Work	3

**Graduation Requirements ..... 66 Credit Hours**

WBL 111 & WBL 115 - \* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL experience is specifically related to general human services.

## HUMAN SERVICES TECHNOLOGY / MENTAL HEALTH

The Human Services Technology/Mental Health concentration prepares students for job opportunities in the mental health field. The curriculum enables students to understand culturally and emotionally handicapped, developmentally disabled, or addicted clients through a variety of models and diagnoses.

Course work includes a history of the mental health movement, current developments and future trends, and theoretical models affecting individual development and behavior in a diverse client population. Fieldwork experiences provide opportunities for application of knowledge in agency and institutional settings.

Graduates should qualify for employment in mental health treatment centers serving a diverse multicultural client population in public and private settings. Graduates will work with individuals, families, groups, organizations, and communities in providing a therapeutic arena of care.

### Human Services Technology / Mental Health – A4538C

-Day, Evening

#### First Fall Semester

ENG 111	Writing and Inquiry	3
HSE 112	Group Process I	2
HSE 110	Intro to Human Services	3
HSE 135	Orientation Lab I	1
PSY 150	General Psychology	3
SAB 110	Substance Abuse Overview	3

#### First Spring Semester

ENG 114	Prof Research & Reporting	3
HSE 123	Interviewing Techniques	3
HSE 125	Counseling	3
PSY 281	Abnormal Psychology	3
MHA 150	Mental Health Systems	3

#### First Summer Term

PHI 240	Introduction to Ethics	3
	OR	
HUM 115	Critical Thinking	3
CIS 111	Basic PC Literacy	2
SOC 213	Sociology of the Family	3
	OR	
SOC 210	Introduction to Sociology	3

#### Second Fall Semester

MAT 110	Math Measurement & Literacy	3
MHA 155	Psychological Assessment	3
HSE 225	Crisis Intervention	3
HSE 226	Intellectual Disabilities	3
PSY 265	Behavioral Modification	3

#### Second Spring Semester

WBL 111	Work-Based Learning*	1
WBL 115	Work-Based Learning Seminar I*	1
SWK 113	Working with Diversity	3
PSY 241	Developmental Psych	3
HSE 210	Human Services Issues	2
HSE 220	Case Management	3
MHA 240	Advocacy	2

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## Graduation Requirements ..... 68 Credit Hours

WBL 111 & WBL 115 - \* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL experience is specifically related to Mental Health.

### Human Services Technology/Mental Health Certificate – C4538C

#### Major Electives

HSE 110	Intro to Human Services.....	3
HSE 226	Intellectual Disabilities .....	3
MHA 155	Psychological Assessment.....	3
PSY 150	General Psychology.....	3
PSY 265	Behavior Modification.....	3
	OR	
HSE 225	Crisis Intervention .....	3

## Graduation Requirements..... 18 Credit Hours

## HUMAN SERVICES TECHNOLOGY / SUBSTANCE ABUSE

The Human Services Technology/Substance Abuse concentration prepares students to assist in drug and alcohol counseling, prevention-oriented educational activities, rehabilitation with recovering clients, managing community-based programs, counseling in residential facilities, and pursuit of four-year degrees.

Course work includes classroom and experiential activities oriented toward an overview of chemical dependency, psychological/sociological process, the twelve Core Functions, intervention techniques with individuals in groups, and follow-up activities with recovering clients.

Graduates should qualify for positions as substance abuse counselors, DUI counselors, halfway house workers, residential facility employees, and substance education specialists. With educational and clinical experiences, graduates can obtain certification by the North Carolina Substance Abuse Board.

### Human Services Technology / Substance Abuse Degree - A4538E

-Day, Evening

#### First Fall Semester

HSE 135	Orientation Lab I.....	1
PSY 150	General Psychology.....	3
ENG 111	Writing and Inquiry .....	3
HSE 110	Introduction to Human Services.....	3
SAB 110	Substance Abuse Overview.....	3
HSE 112	Group Process I.....	2

#### First Spring Semester

ENG 114	Prof Research and Reporting.....	3
HSE 125	Counseling .....	3
HSE 123	Interviewing Techniques .....	3
PSY 241	Developmental Psychology.....	3
SAB 210	Substance Abuse Counseling.....	3

#### First Summer Term

PHI 240	Introduction to Ethics.....	3
	OR	
HUM 115	Critical Thinking.....	3
CIS 111	Basic PC Literacy.....	2
SOC 213	Sociology of the Family .....	3
	OR	

SOC 210	Introduction to Sociology.....	3
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#### Second Fall Semester

MAT 110	Math Measurement & literacy.....	3
SAB 135	Addictive Process.....	3
SAB 120	Intake and Assessment.....	3
HSE 225	Crisis Intervention.....	3
SAB 240	SAB Issues in Client Services .....	3

#### Second Spring Semester

SWK 113	Working with Diversity .....	3
WBL 111	Work-Based Learning I* .....	1
WBL 115	Work-Based Learning Seminar I* .....	1
SAB 125	SA Case Management .....	3
HSE 210	Human Services Issues.....	2
SAB 220	Group Techniques/Therapy.....	3
PSY 281	Abnormal Psychology.....	3

## Graduation Requirements ..... 69 Credit Hours

WBL 111 & WBL 115 - \* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL is specifically related to Substance Abuse.

### Human Services Technology / Substance Abuse Counseling Certificate - C4538ECO

-Day, Evening

This Certificate is designed for individuals who already hold a bachelor or master's degree in a Human Services related field. The certificate **assists** students in **meeting all the SAB educational requirements** for Certification and/or Licensure for the North Carolina Substance Abuse Professional Practice Board (NCSAPPB).

Students who do not have an Associate's degree, Bachelor or Master's degree in a Human Service related field are not likely to obtain employment as a Substance Abuse Counselor with only the Substance Abuse Certificate.

HSE 112	Group Processes I.....	2
SAB 120	Intake and Assessment.....	3
SAB 135	Addictive Process .....	3
SAB 210	Substance Abuse Counseling .....	3
SAB 220	Group Techniques/Therapy .....	3
SAB 240	Substance Abuse Issues.....	3

## Graduation Requirements..... 17 Credit Hours

### Human Services Technology / Substance Abuse Intervention Certificate - C4538EI

-Day, Evening

This Certificate is designed for individuals who already hold a bachelor or master's degree in a Human Services related field. The certificate **assists** students in **meeting all the SAB educational requirements** for Certification and/or Licensure for the North Carolina Substance Abuse Professional Practice Board (NCSAPPB).

Students who do not have an Associate's degree, Bachelor or Master's degree in a Human Service related field are not likely to obtain employment as a Substance Abuse Counselor with only the Substance Abuse Certificate.

HSE 112	Group Processes I.....	2
SAB 120	Intake and Assessment.....	3
SAB 135	Addictive Process .....	3

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SAB 210	Substance Abuse Counseling .....	3
SAB 240	Substance Abuse Issues .....	3
WBL 111	Work-Based Learning I* .....	1
WBL 115	Work-Based Learning Seminar* .....	1

## Graduation Requirements .....16 Semester Hours

WBL 111 & WBL 115 - \* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes.

## HUMAN SERVICES TECHNOLOGY / GERONTOLOGY

The mission of the Human Services Program is to provide a learning environment that will foster the development of competent human services workers who possess the values and ethics essential for working successfully in the human services profession. Ultimately, they will be prepared to assist individuals, families and communities in meeting their basic needs, overcoming barriers and challenges, maximizing independence, and addressing problems of living; thus enabling others to achieve a sustainable and meaningful quality of life.

The Human Services Technology/Gerontology concentration prepares students to specialize in direct service delivery work to older adults and their families. The curriculum provides both theoretical and applied models for understanding issues of aging. Course work includes physical, psychological, and social aspects of the aging process, as well as health, wellness, nutrition, diet, exercise, and well-being. Fieldwork experiences provide opportunities to work in a variety of public and private agencies. Graduates should qualify for employment in nursing and rest homes, specialized adult care services, respite services, and other programs servicing older adults and their families.

## Human Services Technology / Gerontology – A4538B

-Day, Evening

### First Fall Semester

ENG 111	Writing and Inquiry .....	3
HSE 112	Group Process I .....	2
HSE 110	Intro to Human Services.....	3
HSE 135	Orientation Lab I.....	1
PSY 150	General Psychology.....	3
GRO 120	Gerontology.....	3

### First Spring Semester

ENG 114	Prof Research & Reporting .....	3
HSE 123	Interviewing Techniques .....	3
HSE 125	Counseling .....	3
SAB 110	Substance Abuse.....	3
GRO 230	Health, Wellness and Nutrition.....	4

### First Summer Term

PHI 240	Introduction to Ethics.....	3
	OR	
HUM 115	Critical Thinking.....	3
CIS 111	Basic PC Literacy.....	2
SOC 213	Sociology of the Family .....	3
	OR	
SOC 210	Introduction to Sociology .....	3

### Second Fall Semester

MAT 110	Math Measurement & Literacy .....	3
PSY 281	Abnormal Psychology .....	3
HSE 225	Crisis Intervention .....	3
HSE 251	Activities Planning .....	3
GRO 220	PSY/SOC Aspects of Aging.....	3

### Second Spring Semester

WBL 111	Work-Based Learning* .....	1
WBL 115	Work-Based Learning Seminar I* .....	1
SWK 113	Working with Diversity .....	3
PSY 241	Developmental Psych.....	3
HSE 210	Human Services Issues.....	2
GRO 250	Aging, Policies, Programs & Services .....	2

## Graduation Requirements .....66 Credit Hours

WBL 111 & WBL 115 - \* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes. This WBL experience is specifically related to Mental Health.

## Human Services Technology/Gerontology Certificate – C4538B

This certificate is designed for individuals who are enrolled in other human services programs and would like additional education on Gerontology or who are in professions where they will come in contact with older adults. For example, this certificate can provide increased knowledge for individuals in the field of nursing, health care, child care and business.

Students who are enrolled in more than one human services curriculum should speak with their advisor to discuss specific classes that are duplicated in the programs and determines available credit.

### Major Electives

GRO 120	Gerontology.....	3
GRO 220	PSY/SOC Aspects of Aging.....	3
GRO 230	Health, Wellness and Nutrition.....	4
GRO 250	Aging, Policies, Programs & Services.....	2
HSE 251	Activities Planning .....	3
PSY 150	General Psychology .....	3

## Graduation Requirements .....18 Credit Hours

### Notes:

#### WBL 111 & WBL 115

\* The semester prior to co-op consideration, students must meet with their faculty program advisor to obtain approval before registering for classes.